

October 2019

Mon	Tue	Wed	Thu	Fri
	1 BBQ Meatballs Dinner Roll Baked Potato Peas Fruit Milk	2 Cheese Omelet Oatmeal Mixed Veggies Hash Brown Fruit Milk	3 Taco Lettuce Corn Salsa RF Beans Fruit Milk	4 Hot Dog Bun Sweet Potato Fries Cucumber Slices Fruit Milk
No School 7	8 Hamburger Bun Cherry Tomato Lettuce Fruit Milk	9 Pork Patty Bun Roasted Zucchini Carrots Fruit Milk	10 Hot Ham/Cheese Bun Tator Tots Carrots/Celery Fruit Milk	11 Nachos Meat, Cheese Corn Salsa Beans Apple Crisp Milk
14 Chicken Nuggets Mixed Veggies Mashed Potato Fruit Milk	15 Pizza Burger Green Beans Lettuce Fruit Milk	16 Breakfast Sandwich Hash Brown Carrots Fruit Milk	17 Sloppy Joe Bun Broccoli Cauliflower Fruit Milk	18 Breaded Mozzarella Sticks Pizza Sauce Lettuce Cucumber Slices Fruit Milk
21 Hamburger Gravy Mashed Potato Green Beans Oatmeal Cake Fruit Milk	22 Pizza Corn Carrots Fruit Milk	23 Grilled Cheese Tomato Soup Cucumber Slices Fruit Milk	24 Sausage Pancake Sweet Potato Hash Brown Fruit Milk	25 No School
28 Cheese Omelet Toast Hash Brown Cherry Tomato Fruit Milk	29 Mandarin Orange Chicken Rice Broccoli Carrots Fruit Milk	30 Chili w/beans Bread stick Lettuce Fruit Milk	31 Halloween Jack-o-lantern Quesadilla Carrots Cucumber Slices Fruit Pumpkin Bar Milk	